

# Peace Education

## 9 Golden Chocolates for Children

Brothers Integrated Rural Development Society  
(BIRDS)

Bangalore, Karnataka, India



# Peace 1. Set Limits

Have limits for everything & Plan your activities



# Peace 2. Relaxing yourself

Take rest when you are  
tense &

Make yourself cool when  
you are in Anger



# Peace 3. Take it easy

Take everything as easy  
and it is very easy to reach  
and complete.



# Peace 4. Do slow

Do everything slow and  
steady



# Peace 5. Keep Clear & neat

Keep your premises very neat & clean, so that you need not search your belongings





# Peace 6. Use Good Words

Always use, sorry, Please & thanks also accept others sorry



*Birds*

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# Peace 7. Talk each other

Solve the problem by talking to the person directly





# Peace 8. Accepting Myself

Accept myself as I am- I am the best for me



# Peace 9. Do good & Be good

Always respect and Love others

